



NWRFC Player
Code of Conduct

As a member of Nashville Women's Rugby Football Club, you are expected to acknowledge our main credo: "with you." We play as one on and off the pitch. It is important to realize that on the field, it takes all people—not individual superstars, but rather committed players of all different body types, skill sets, and dispositions willing to throw their bodies in every direction for their teammates. In order to observe our team motto, playing time will be determined by our code of conduct:

1. **Attitude/Behavior.** Must behave with dignity and sportsmanship on and off the pitch. Respect must be shown towards your teammates, your coaches, as well as sirs, opposing players, and fans. Disrespect will not be tolerated. Players are expected to adhere to the team's [Harassment and Discrimination Policy](#).
2. **Commitment.** Attend as many practices and games as possible. Contact a coach or a captain if unable to be at a match or practice. Work on physical fitness and endurance outside of practice. Pay dues and/or set up a payment plan with the treasurer.
3. **Skill.** Experience and skill will be taken into consideration for all competitive matches. In order for all teammates to gain expertise, however, everyone needs playing time on the pitch. Skill does not come overnight; choices will be made to better the team as a whole for the future by improving all players.
4. **Fundraising/Committees.** Members are expected to attend at least 2 fundraising events each season (Spring and Fall). Members are expected to participate in 1 virtual fundraising event, in addition to attending 2 in person. Members are expected to join 1 committee each season. Nash Bash will be a specialty event and all players are expected to volunteer a minimum of 2 hours per day during the tournament. For Nash Bash, team members will sign up for hours and duties via spreadsheet prior to the start of the tournament. Players are also expected to help with field preparation a minimum of one day prior to the Nash Bash tournament.

Having read this contract, I pledge to do my best to follow the guidelines set forth in this document.

Signature _____ Date _____

Printed Name _____